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## How can I reduce my latency in online games when using the VPN?

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If you are experiencing latency issues while connected to the VPN, you may wish to try using alternate server gateways (test the region closest to you and the region closest to the server to which you are connecting) and/or swapping ports and protocols within our application to help mitigate latency issues.

For UDP, try testing ports 53, 123, 853, 8080

For TCP, try testing ports 80, 443, 853, 8443

Below are some other suggestions which may improve your connectivity:

Firstly, please power down your computer, router, and ISP's modem, wait approximately 60 seconds, then power each device back up in reverse order; please allow approximately 1 minute between powering up each device, to ensure they sync correctly.

Also, you can try updating your MTU setting, which may help your connectivity as well. Instructions on how to do so can be found in [this article](#) (please note these settings are not supported by us, and any changes are used at your own discretion and liability)

If you still have questions, please contact our support [here](#).